



National Grammar School

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NGS Sports Fest '17

(20th Oct – 22nd Oct)

Rules & Regulations

1. Futsal:

- Each team shall comprise of 7 players + 3 substitutes.
- Total time of match shall be 30 minutes (each half of 15 minutes).
- If the match is a draw, the results will be decided on penalties.
- The decision of referees will be final.
- Matches will be held on knockout basis.

2. Cricket:

- Each team shall comprise of 7 players + 3 substitutes.
- Each match shall consist of 5 overs.
- Over limit shall be 2,2,1.
- In semi-finals and finals the overs per innings will increase to 7 overs.
- Fiber bats are not allowed.
- Matches will be held on knockout basis.
- Players/officials who breach code of conduct will be disqualified.

3. Tug of war:

- Each team shall comprise of 7 active players + 3 substitutes.
- Each team/ player should be in proper uniform during the match/event.
- The decision of the judges will be final.
- Matches will be played on best of 3 basis.

4. Basketball:

- Each team shall comprise of 5 players + 4 substitutes.
- Total time of the match shall be 30 minutes (two equal halves of 15 minutes each) with running time.
- 3 seconds and 5 second rules will apply.
- The decision of the referees will be final.
- Players/officials, who breach code of conduct, will be disqualified from the competition.

5. Badminton:

- Each preliminary round match will be of 1 game.
- At 15 all, the side which gains a 2 point lead, wins the game.
- The players do not change their respective service courts until they win a point when their side is serving

6. Table Tennis:

- Each game will consist of 1 game of 20 points.
- Matches will be on knockout basis

7. Throw ball:

- Each team shall comprise of 7 players + 3 substitutes.
- A match will consist of best of 3 sets of 10 points each.
- The team that scores a point gets the right to serve the following point.
- A player cannot jump while serving the ball.
- A player cannot jump while throwing the ball
- Double touch while catching the ball is not allowed.
- The service ball must not touch the net.

8. Gaming:

1. FIFA 17:

- Each half will consist of 5 minutes
- Matches will be on knockout basis
- Default weather, stadium and ball settings
- Two participants can choose the same team
- Draw goes to penalties

2. Tekken 7:

- Participants can play with the character of their choice
- The player who wins 2 rounds proceeds, while the loser is eliminated
- No time limit in a round

3. COD BLACK OPS 3:

- Default half time
- The player with higher score after time finishes, wins.
- Map: Nuketown

9. Dodge the Ball:

- 3 minutes will be given to each team in court. The team to spend more time in court will win the match.
- The decision of the referee will be final.

10. Swimming:

- 40 meters (2 laps of 20 minutes each).
- Violation of swimming style will lead to disqualification.
- The decision of the referee will be final.

11. Arm Wrestling:

- A false start is not allowed.
- Players should be at square to the table.
- The winner will be decided by best out of 3 falls.

12. Cross country:

- It will be a 2.5 km race.
- No hurdles.
- The decision of the referee will be final.