



National
Grammar
School



NGS SPORTS FEST '18



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The Sports Club at National Grammar School Liberty Campus proudly invites you to our mega sports event of the year, "NGS Sports Fest '18". This is the fourth time that the National Grammar School Liberty Campus will be hosting such a massive sports event.

Over the last two years, NGS Sports Festival has earned a reputation of being one of the most exciting sports events in town. Students from all over the city join us for an exciting three days filled with sporty competitiveness, food stalls, music and a social night. Our aim is to provide all participants with a great platform to showcase their talents & discover the sporty beast within themselves.

This year we are offering 15 different sports events. There are many team events and individually contested events, followed by a closing award ceremony, where there's also going to be a formal dinner and a performance by our very own Music Society.

We look forward to your participation at this year's Sports Festival.

EVENT CATEGORIES

- | | | | |
|-------------------------|--------------|------------------------------------|--------------|
| 1. Arm Wrestling | (Boys-Girls) | 9. Futsal | (Boys Only) |
| 2. Basketball | (Boys-Girls) | 10. FIFA '18 | (Boys-Girls) |
| 3. Badminton | (Boys-Girls) | 11. Swimming | (Boys-Girls) |
| - Singles | | 12. Throwball | (Boys-Girls) |
| - Doubles | | 13. Table Tennis | (Boys-Girls) |
| - Mixed | | - Singles | |
| 4. Cricket | (Boys Only) | - Doubles | |
| 5. Chess | (Boys-Girls) | - Mixed | |
| 6. Cross Country | (Boys-Girls) | 14. Tom Clancy's Rainbow Six Siege | (Boys-Girls) |
| 7. COD 4 Modern Warfare | (Boys-Girls) | 15. Tug Of War | (Boys-Girls) |
| 8. Dodge The Ball | (Boys-Girls) | | |



RULES AND REGULATIONS



ARM WRESTLING

- ▶ A false start is not allowed.
- ▶ Players should be at square to the table.
- ▶ The winner will be decided by best out of 3 falls.



BASKETBALL

- Each team shall comprise of 5 players + 4 substitutes.
- Total time of the match shall be 30 minutes (two equal halves of 15 minutes each) with running time.
- 3 seconds and 5 second rules will apply.
- The decision of the referees will be final.
- Players/officials, who breach code of conduct, will be disqualified from the competition.

A badminton racket with a black frame and white grid pattern is positioned diagonally on the left side of the image. Two white shuttlecocks with black and white feathers are placed near the racket's head. The background is a solid dark color.

BADMINTON

- ▶ Each preliminary round match will be of 1 game.
- ▶ At 15 all, the side which gains a 2 point lead, wins the game.
- ▶ The players do not change their respective service courts until they win a point when their side is serving



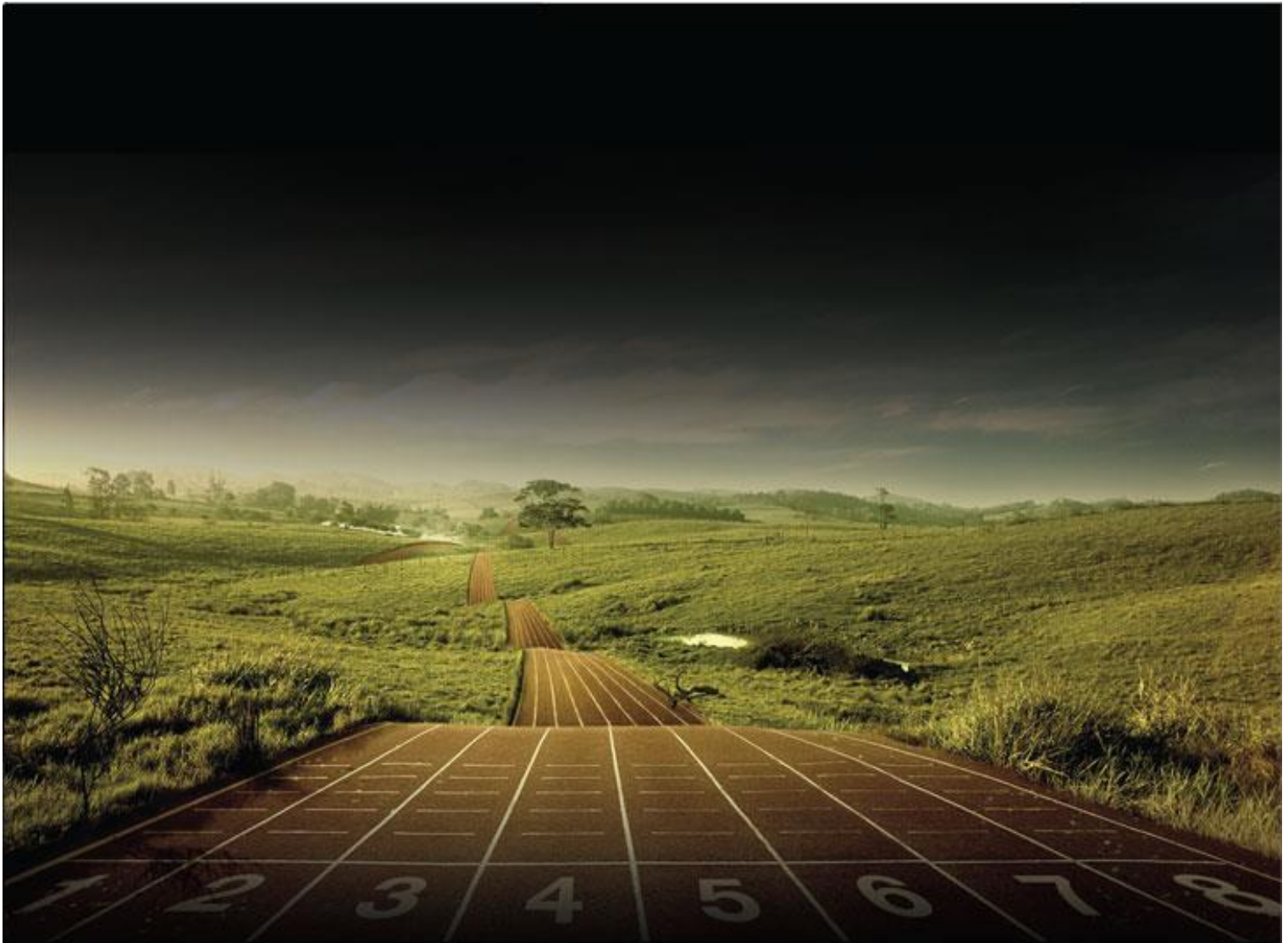
CRICKET

- ✓ Each team shall comprise of 7 players + 3 substitutes.
- ✓ Each match shall consist of 6 overs.
- ✓ Over limit shall be 2,2,1,1.
- ✓ In semi-finals and finals the over per innings will increase to 8 overs.
- ✓ Fiber bats are not allowed.
- ✓ Matches will be held on knockout basis.
- ✓ Players/officials who breach code of conduct shall be disqualified.



***CH*ESS**

► Normal game conditions will be used



CROSS COUNTRY

- ▶ 2.5 km of race.
- ▶ No hurdles.
- ▶ The decision of the referee will be final.

The background of the entire page is the iconic cover art of Call of Duty 4: Modern Warfare. It features a soldier in full combat gear, including a helmet and goggles, aiming a combat rifle. The soldier is in the center, slightly to the left. In the background, two AH-64 Apache helicopters are visible, one on the left and one on the right, both in flight. The scene is set in a hazy, war-torn environment with smoke and dust. The title 'CALL OF DUTY 4' is prominently displayed in the center, with 'MODERN WARFARE' below it in a smaller, green, stylized font.

CALL OF DUTY 4

MODERN WARFARE™

- ▶ All promod rules will apply
- ▶ Map will be chosen randomly from a draw
- ▶ Losing team will be eliminated

DODGE THE BALL

- ▶ 3 minutes will be given to each team in court.
The team to spend more time in court will win the match.
- ▶ The decision of the referee will be final.



A blurred action shot of a futsal match on an indoor green artificial turf field. A white soccer ball is in the center, with players' legs and feet visible around it. The background is dark and out of focus.

FUTSAL

- ⚽ Each team shall comprise of 7 players + 3 substitutes.
- ⚽ Total time of match shall be 30 minutes (each half of 15 minutes).
- ⚽ If the match is a draw, the results will be decided on penalties.
- ⚽ The decision of referees will be final.
- ⚽ Matches will be held on knockout basis.

FIFA '18

- Each half will consist of 5 minutes
- Matches will be on knockout basis
- Default settings of weather, stadium and ball will be used
- Two participants can choose the same team
- Draw goes to extra time and then to penalties



SWIMMING

- ▶ 40 meters (2 laps of 20 meters each).
- ▶ Violation of swimming style will lead to disqualification.
- ▶ The decision of the referee will be final.





THROW BALL

- ▶ Each team shall comprise of 7 players + 3 substitutes.
- ▶ A match will consist of best of 3 sets of 10 points each.
- ▶ The team that scores a point gets the right to serve the following point.
- ▶ A player cannot jump while serving the ball.
- ▶ A player cannot jump while throwing the ball
- ▶ Double touch while catching the ball will not be allowed.
- ▶ The service ball must not touch the net.

TABLE TENNIS

- ▶ Each game will consist of 1 game of 20 points.
- ▶ Matches will be on knockout basis



TOM CLANCY'S RAINBOW SIX | SIEGE

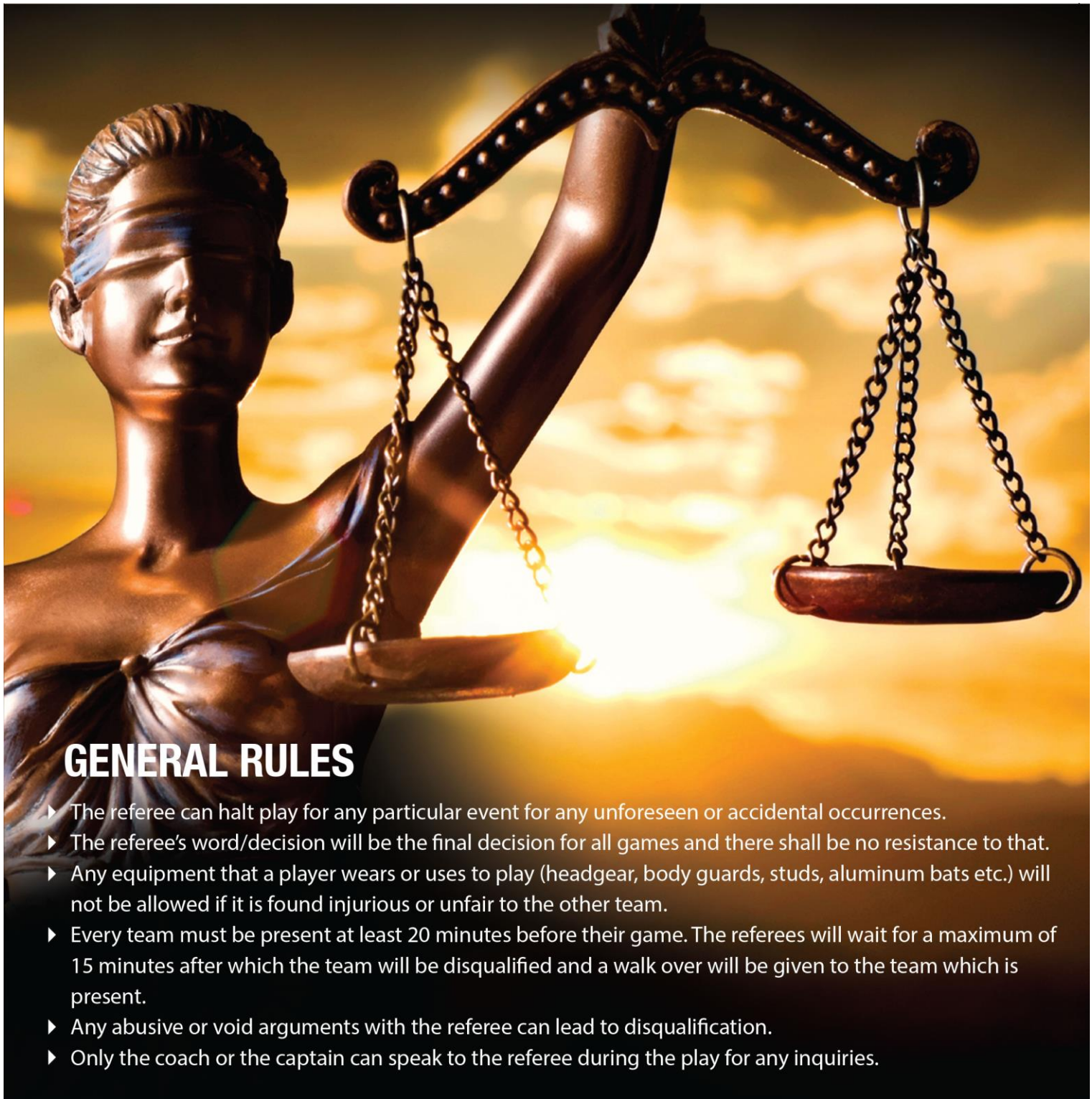
- ▶ All Pro League rules will apply
- ▶ Map will be chosen randomly from a draw
- ▶ Losing team will be eliminated



TUG OF WAR

- ▶ Each team shall comprise of 7 active members + 3 substitutes.
- ▶ Each team/ player should be in proper uniform during the match/event.
- ▶ The decision of the judges will be final.
- ▶ Matches will be played on best of 3 bases.





GENERAL RULES

- ▶ The referee can halt play for any particular event for any unforeseen or accidental occurrences.
- ▶ The referee's word/decision will be the final decision for all games and there shall be no resistance to that.
- ▶ Any equipment that a player wears or uses to play (headgear, body guards, studs, aluminum bats etc.) will not be allowed if it is found injurious or unfair to the other team.
- ▶ Every team must be present at least 20 minutes before their game. The referees will wait for a maximum of 15 minutes after which the team will be disqualified and a walk over will be given to the team which is present.
- ▶ Any abusive or void arguments with the referee can lead to disqualification.
- ▶ Only the coach or the captain can speak to the referee during the play for any inquiries.

CODE OF CONDUCT

- ▶ All participants must respect the school's property and must not damage any school's item.
- ▶ All participants must observe discipline and mutual respect for the referee and the opposing team.
- ▶ There are strict rules against smoking during the event.
- ▶ Misbehavior with the referee, participants or the people in charge will not be tolerated and will result in disqualification.
- ▶ All participants must wear their name cards provided by the management before the event.

EVENT RULES

- ▶ An institution can send as many teams as it wants.
- ▶ If a player has more than one competitions going on at the same time, he/she must report to the referee or the people in-charge of the particular event.
- ▶ Each institution can send a maximum of 5 supporters, the name of the supporters should be given with the registration form.
- ▶ Participants will be informed of the timings, venues and the dates of their matches/events.
- ▶ The referee's decision will be final. No arguments will be tolerated. Violation of rules and misconduct will result in disqualification.
- ▶ A closing ceremony will be held on the last day of the event for winners and the runner-ups, details of which will be disclosed later.



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